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Human white adipose tissue vasculature contains endothelial colony-forming cells with robust in vivo vasculogenic potential

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Abstract Blood-derived endothelial colony-forming cells (ECFCs) have robust vasculogenic potential that can be exploited to bioengineer long-lasting human vascular networks in vivo. However, circulating ECFCs are exceedingly rare in adult peripheral blood. Because the mechanism by which ECFCs are mobilized into circulation is currently unknown, the reliability of peripheral blood as a clinical source of ECFCs remains a concern. Thus, there is a need to find alternative sources of autologous ECFCs. Here we aimed to determine whether ECFCs reside in the vasculature of human white adipose tissue (WAT) and to evaluate if WAT-derived ECFCs have equal clinical potential to blood-derived ECFCs. We isolated the complete endothelial cell (EC) population from intact biopsies of normal human subcutaneous WAT by enzymatic digestion and selection of $CD31^+$ cells. Subsequently, we extensively compared WAT-derived EC phenotype and functionality to bonafide ECFCs derived from both umbilical cord blood and adult peripheral blood. We demonstrated that human WAT is indeed a dependable source of ECFCs with indistinguishable properties to adult peripheral blood ECFCs, including hierarchical clonogenic ability, large expansion potential, stable endothelial phenotype, and robust in vivo blood vessel-forming capacity. Considering the unreliability and low rate of occurrence of ECFCs in adult blood and that biopsies of WAT can be obtained with minimal intervention in an ambulatory setting, our results indicate WAT as a more practical alternative to obtain large amounts of readily available autologous ECFCs for future vascular cell therapies.

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Introduction

Future vascular cell therapies and tissue engineering applications will likely rely on having a robust, clinically suitable source of autologous endothelial cells (ECs). The discovery of highly proliferative endothelial colony-forming cells (ECFCs) in human peripheral blood created a promising opportunity to non-invasively obtain large quantities of readily available ECs [1–3]. Indeed, studies have shown that blood-derived ECFCs have robust vasculogenic potential that can be exploited to bioengineer

long-lasting, functional human vascular networks in vivo [3–7].

However, it is well recognized that while ECFCs are abundant in umbilical cord blood (cbECFCs), they are exceedingly rare in adult peripheral blood (pbECFCs) [2, 8, 9]. Yoder et al. [9] estimated the frequency of pbECFC colonies as 0.017 per million blood mononuclear cells (MNC) in healthy adults, which is approximately 15-fold lower than in umbilical cord blood. This low occurrence has created uncertainty around adult peripheral blood as a source of ECs. In fact, there are increasingly more studies recognizing absence of pbECFCs in a substantial proportion (27–31 %) of healthy adult subjects [10–12]. This apparent lack of pbECFCs has also been described in non-healthy subjects, including patients with coronary artery disease (46 %) [11] and age-related macular degeneration (28 %) [12]. Currently, the mechanism by which pbECFCs are mobilized into circulation, and how this process is modulated with age, in health and disease, is completely unknown; thus the reliability of peripheral blood as a source of ECFCs remains a concern.

For decades, harvesting ECs from healthy blood vessels has been largely dismissed as an option with broad clinical future because, apart from creating site morbidity, "mature" ECs were thought to have limited replicative capacity. However, studies have shown that ECs derived from the wall of some blood vessels can achieve a significant number of population doublings in culture (30–40 PD), including those isolated from the umbilical vein, aorta, carotid artery, and skin microvasculature [13, 14]. This replicative capacity is similar to that reported for circulating pbECFCs [2, 3, 15]. Moreover, Ingram et al. [16] demonstrated that both the aorta and the umbilical vein contain a complete hierarchy of highly proliferative ECs with equal colony-forming ability to blood-derived ECFCs, which suggested the actual vascular wall as a possible source of circulating ECFCs [17]. Whether ECFCs reside in the vasculature of all human tissues remains uncertain. Certainly, ECs can be obtained from tissues such as white adipose tissue (WAT) [18, 19], but whether these ECs have similar clinical potential to blood-derived ECFCs has not been rigorously determined. Here, we examined the potential of human subcutaneous WAT as a source of ECFCs and compared it to both umbilical cord and adult peripheral blood.

Methods

Isolation of ECFCs and MSCs from WAT

Normal discarded subcutaneous WAT samples (n = 5) were obtained during a clinically-indicated procedure in

accordance with an Institutional Review Board-approved protocol. WAT samples were washed, minced and enzymatically (collagenase and dispase) digested for 1 h at 37 °C. The stromal vascular fraction (SVF) was obtained after removal of mature adipocytes by centrifugation ($450 \times g$ for 10 min) and the lysis of erythrocytes with ammonium chloride solution [20]. watECFCs were purified by magnetic activated cell sorting (MACS) using CD31-coated magnetic beads (Dynalbeads; Invitrogen, Grand Island, NY). CD31-selected WAT-derived ECFCs (referred to as watECFCs) were cultured on 1 % gelatin-coated plates using ECFC-medium: EGM-2 (except for hydrocortisone; Lonza, Walkersville, MD) supplemented with 20 % FBS, 1× glutamine–penicillin–streptomycin (GPS; Invitrogen, Carlsbad, CA). WAT-derived mesenchymal stem cells (MSCs) (referred to as watMSCs) were obtained from the CD31$^-$ cell fraction of the SVF and were cultured onto non-coated plates using MSC-medium: MSCGM Mesenchymal Stem Cell Medium BulletKit (basal media and SingleQuots; Lonza), supplemented with 10 % FBS, 1× GPS, and 10 ng/mL of FGF-2 (R&D Systems, Minneapolis, MN). Human ECFCs were isolated from both umbilical cord blood (cbECFCs) and adult peripheral blood (pbECFCs), as previously described [4]. Human MSCs were isolated from bone marrow aspirates (bmMSCs), as previously described [4].

Expansion potential of watECFCs

watECFCs were expanded for 50 days. All passages were performed by plating the cells onto 1 % gelatin-coated tissue culture plates at 5×10^3 cell/cm^2 using ECFC-medium. Medium was refreshed every 2–3 days and cells were harvested by trypsinization and replated in the same culture conditions for the next passage. Cumulative values of total cell number were calculated by counting the cells at the end of each passage using a hemocytometer.

Endothelial colony-forming assay

For Passage 2 (P2) ECFCs were culture for 10 days at clonal density (200 cell/60 cm^2; 600 cells plated; n = 3 per ECFC type) onto 1 % gelatin-coated plates using ECFC-medium. Medium was refreshed every 4 days. At day 10, colonies containing 8 or more cells (i.e., at least 3 divisions) were scored under a fluorescence microscope after DAPI staining of the nuclei. Endothelial phenotype was confirmed by binding of rhodamine-labeled Ulex Europaeus Agglutinin I (UEA-1; 1:100; Vector Laboratories, Burlingame, CA) using a fluorescent microscope. Colonies were categorized into large (>300 cells), medium (100–300 cells) and small (8–100 cells) size. The number of cells in each colony was quantified under a fluorescent microscope

after DAPI staining using ImageJ analysis software (NIH, Bethesda, MD, USA).

Phenotypical and functional characterization of ECFCs and watMSCs

The rest of the phenotypic and functional assays that were used to characterize watECFCs and watMSCs in vitro are detailed in the online Supplemental Methods.

In vivo vasculogenic assay

Six-week-old athymic nu/nu mice were purchased from Massachusetts General Hospital (Boston, MA). Mice were housed in compliance with Boston Children's Hospital guidelines, and all animal-related protocols were approved by the Institutional Animal Care and Use Committee. Vasculogenesis was evaluated in vivo using our xenograft model as previously described [21]. Briefly, ECFCs and MSCs (2×10^6 total; 2:3 ECFC/MSC ratio) were resuspended in 200 μl of collagen/fibrin-based solution (3 mg/mL of bovine collagen, 30 ug/mL of human fibronectin, 25 mM HEPES, 10 % 10× DMEM, 10 % FBS, and 3 mg/mL of fibrinogen, pH neutral). Before cell injection, 50 uL of 10 U/mL thrombin was subcutaneously injected. All experiments were carried out in 4 mice.

Histology and immunohistochemistry

Implants were removed from euthanized mice, fixed in 10 % buffered formalin overnight, embedded in paraffin, and sectioned (7-μm-thick). Hematoxylin and eosin (H&E) stained sections were examined for the presence of blood vessels containing red blood cells. For immunohistochemistry, sections were deparaffinized, and antigen retrieval was carried out by heating the sections in Tris–EDTA buffer (10 mM Tris-Base, 2 mM EDTA, 0.05 % Tween-20, pH 9.0). The sections were blocked for 30 min in 5–10 % blocking serum and incubated with primary antibodies for 1 h at RT. The following primary antibodies were used: mouse anti-human CD31 (1:50; DakoCytomation, M0823 Clone JC70A), mouse anti-human α-smooth muscle actin (α-SMA; 1:200; Sigma-Aldrich, A2547 Clone 1A4), and mouse IgG (1:50; DakoCytomation). Horseradish peroxidase-conjugated mouse secondary antibody (1:200; Vector Laboratories) and 3,3′-diaminobenzidine (DAB) were used for detection of hCD31, followed by hematoxilin counterstaining and Permount mounting. Fluorescent staining were performed using rhodamine-conjugated UEA-1 (20 μg/mL) and FITC-conjugated secondary antibodies (1:200; Vector Laboratories) followed by DAPI counterstaining.

Microvessel density

Microvessel density was reported as the average number of erythrocyte-filled vessels (vessels/mm^2) in sections from the middle of the implants as previously described [3]. The entire area of each section was analyzed. Values reported for each experimental condition correspond to mean ± SD obtained from four individual mice.

Quantification of lumenal engraftment of ECFCs

Rhodamine-conjugated UEA-1 (100 uL; 1 mg/mL in normal saline) was intravenously injected into the tail vein of implant-bearing mice 10 min before harvesting the implants at day 8. Implants were removed from euthanized mice, enzymatically (collagenase and dispase) digested for 1 h at 37 °C, and the retrieved cells analyzed by flow cytometry (FC) after incubation with PerCP-conjugated anti-mouse CD45 (1:100; BD Biosciences), APC-conjugated anti-human CD90 (1:100; BD Biosciences), and FITC-conjugated anti-human CD31 antibodies (1:100; BD Biosciences). ECFCs in each implant were identified as mCD45$^-$/hCD31$^+$ cells. Perfused ECFCs were identified as mCD45$^-$/hCD31$^+$/UEA-1$^+$ cells.

Statistical analysis

Data were expressed as mean ± SD. Comparisons between groups were performed by ANOVA followed by Tukey's multiple post-test analysis using Prism Version 4 software (GraphPad). $P < 0.05$ was considered statistically significant.

Results

Human WAT is a dependable source of proliferative ECFCs

Small biopsies of WAT can be obtained with minimal intervention, without liposuction, in an ambulatory, office-based setting. To reproduce this prospective way of sampling, intact specimens of normal subcutaneous WAT (1 g) were surgically excised with minimal tissue disruption. WAT samples were then minced, enzymatically digested and the SVF obtained (Fig. 1a). Using CD31-coated magnetic beads, ECs were separated (refereed to as watECFCs) and grew up as colonies after 1 week in culture (Fig. 1b). EC colonies were left to merge and grow until confluence (Fig. 1c) and were then routinely subcultured. This methodology was reliable and watECFCs were isolated in all WAT samples processed (5/5). watECFCs were serially passaged (up to P7) to determine their expansion potential. We obtained 10^8 watECFCs in approximately
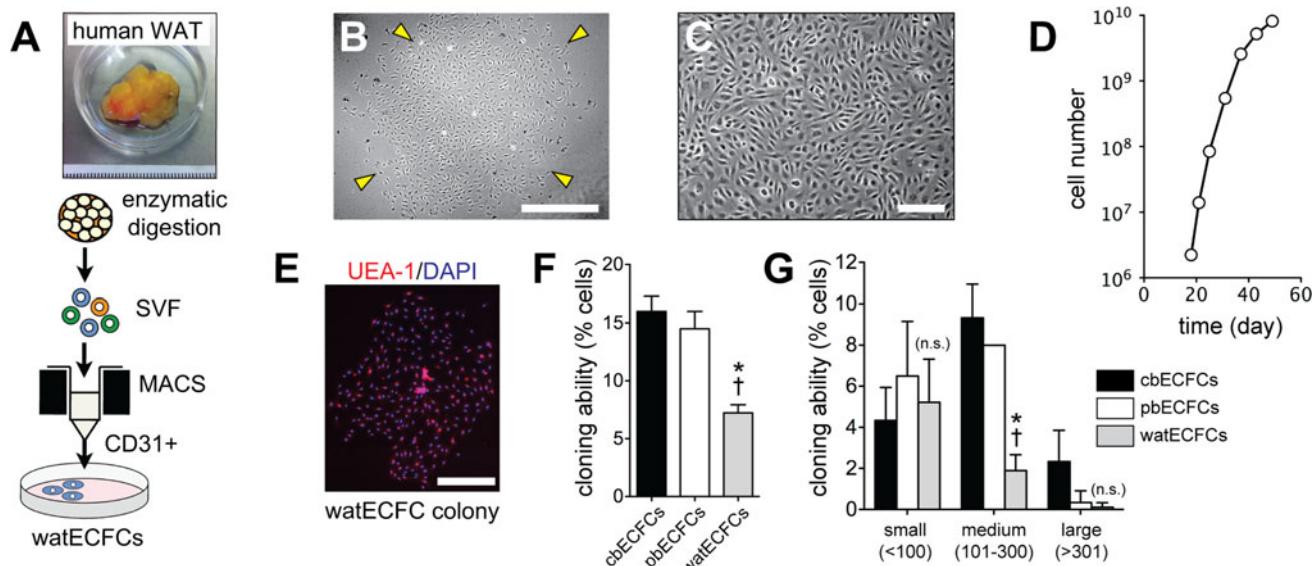
Fig. 1 Isolation and culture expansion of ECFCs from human WAT. **a** Human watECFCs were isolated from subcutaneous WAT after enzymatic digestion and were purified from the stromal vascular fraction (*SVF*) using CD31-coated magnetic beads. Phase contrast micrographs of **b** a colony (*scale bar* 500 μm) and **c** a confluent monolayer of watECFCs with characteristic cobble-stone morphology (*scale bar* 200 μm). **d** Expansion potential of watECFCs measured by accumulative cell number in serially passaged cells. **e–g** Cloning-forming ability of watECFCs was examined at clonal density and

compared to cord and peripheral blood-derived ECFCs (passage 2). **e** The endothelial nature of the colonies was confirmed by binding of UEA-1 lectin (*scale bar* 500 μm). **f** Percentage of cells with cloning ability (>8 cells) after 10 days. **g** Colonies were categorized into large (>300 cells), medium (100–300 cells) and small (8–100 cells) size. All *bars* represent mean ± SD from three independent samples. *$P < 0.05$ between watECFCs and pbECFCs. †$P < 0.05$ between watECFCs and cbECFCs. (n.s.)$P > 0.05$ between watECFCs and both pbECFCs and cbECFCs

25 days (P3) and as much as 4×10^9 watECFCs in 40 days (P6) (Fig. 1d).

The presence of highly proliferative, colony-forming cells was examined at clonal density (200 cells/60 cm^2). This evaluation was carried out at P2 to avoid excessive culture-mediated selection of highly proliferative cells. We found that 7 % of watECFCs gave rise to visible independent colonies (>3 cell divisions), which was significantly lower than in cbECFCs (16 %) and pbECFCs (15 %) (Fig. 1f). watECFCs had a hierarchical distribution of cells with different clonal proliferative ability (Fig. 1g), which is consistent with previous observations on blood-derived ECFCs [2]. The percentage of medium-size (100–300 cells) colonies was significantly higher in pbECFCs (8 %) than in watECFCs (2 %). However, the percentage of highly-proliferative (>300 cells) colonies was statistically similar ($P > 0.05$) in cbECFCs (2.3 %), pbECFCs (0.3 %), and watECFCs (0.1 %). Taken together, we demonstrated that WAT is a particularly dependable source of ECFCs with hierarchical clonogenic ability.

Robust endothelial phenotype of watECFCs

To ensure bonafide endothelial phenotype, we extensively interrogated cells in culture (Fig. 2 and online Supplemental Figure 1). All watECFCs displayed typical cobblestone-like

morphology and expressed the EC markers CD31 and VE-cadherin in cell–cell borders and von Willebrand factor (vWF) in a punctuate pattern in the cytoplasm (Fig. 2a). With respect to purity, FC showed uniform expression of CD31 (>96 %) as well as negligible presence of either mesenchymal (CD90$^+$) or hematopoietic (CD45$^+$) cells (Fig. 2b). The positive expression of EC markers and lack of mesenchymal markers was confirmed by qRT-PCR: all three ECFCs (cbECFCs, pbECFCs, watECFCs) had abundant mRNA copies for CD31, vWF, VE-Cadherin, VEGFR-2, and eNOS (normalized to 18S rRNA abundance), but not for CD90 and PDGFR-β (Fig. 2c). Human mesenchymal stem cells (MSCs) from both bone marrow and WAT (referred to as bmMSCs and watMSCs) served as non-endothelial controls. Additionally, as expected for human ECs, watECFCs showed specific affinity for the binding of UEA-1 lectin to their surface (Fig. 2d) and for uptake of acetylated low density lipoproteins (Ac-LDL) (Fig. 2e).

The characterization of watECFCs was extended to several assays that confirmed endothelial functionality in vitro. watECFCs were responsive (proliferation and migration) to VEGF-A (10 ng/mL) and FGF-2 (1 ng/mL), and there were no significant difference between wat-ECFCs, pbECFC, and cbECFCs in their response towards these angiogenic factors (Fig. 3a, b). watECFCs were also able to assemble into capillary-like structures onto Matrigel
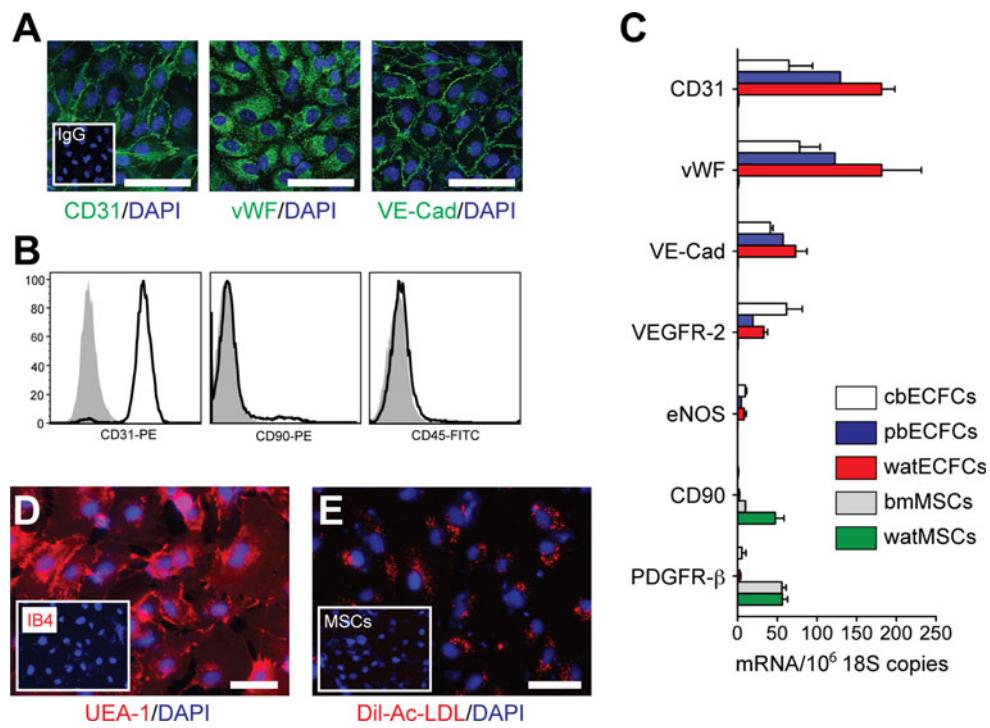
Fig. 2 Phenotypical characterization of watECFCs. **a** Indirect immunofluorescence of watECFCs showed positive staining for CD31, vWF, and VE-cadherin. IgG control depicted in inset. Cell nuclei were counterstained with DAPI (*scale bar* 100 μm). **b** Flow cytometry analysis of watECFCs for CD31, CD90, and CD45. *Black line* histograms represent cells stained with fluorescent antibodies. Isotype-matched controls are overlaid in solid gray histograms. **c** Quantitative RT-PCR analyses of ECFCs for endothelial (CD31, vWF, VE-Cadherin, VEGFR2, eNOS) and mesenchymal (CD90, PDGFRβ) markers. **d** Binding of UEA-1 lectin to watECFCs. IB4 lectin served as negative control (inset) (*scale bar* 50 μm). **e** watECFCs uptake of fluorescently labeled Ac-LDL (Dil-Ac-LDL) (*scale bar* 50 μm). MSCs served as negative uptake control (inset)

(Fig. 3c), and the extent of tube formation was statistically similar to both pbECFCs and cbECFCs. Finally, watECFCs were able to up-regulate the expression of leukocyte adhesion molecules (E-selectin, ICAM-1) upon exposure to the inflammatory cytokine tumor necrosis factor-alpha (TNF-α; 10 ng/mL), which resulted in a subsequent increase in leukocyte binding (Fig. 3d, e). The capacity to up-regulate leukocyte adhesion molecules was present in all three ECFC groups (Fig. 3d, e and online Supplemental Figure 1), although more leukocytes bound cbECFCs and pbECFCs than watECFCs after TNF-α stimulation. Collectively, this exhaustive characterization revealed that (1) watECFCs were undoubtedly ECs, and (2) WAT- and blood-derived ECFCs are phenotypically highly similar.

Modulation of MSC smooth muscle differentiation

Another property of bonafide ECs is the capacity to modulate MSC differentiation into vascular smooth muscle cells (SMCs). To test whether watECFCs had this capacity, we isolated WAT-resident MSCs (referred to as watMSCs) from the same WAT biopsies from which we obtained watECFCs; watMSCs were grown from the CD31⁻ cell fraction that resulted from the MACS procedure used to isolated CD31⁺ watECFCs (Supplemental Figure 2). watMSCs were grown until 80 % confluence and then routinely passaged. In culture, watMSCs displayed a characteristic spindle-shape morphology and were highly homogenous with regards to cell surface markers expression: FC showed uniform expression of mesenchymal marker CD90 (>97 %) as well as negligible presence of either endothelial (CD31⁺) or hematopoietic (CD45⁺) cells (Supplemental Figure 2). The MSC phenotype was confirmed by the ability of watMSCs to differentiate into cells from multiple mesenchymal lineages [22]. watMSCs differentiated into adipocytes, osteocytes and chondrocytes, as shown by the intracellular accumulation of oil droplets (adipogenesis), calcium deposition (osteogenesis) and glycosaminoglycan deposition in pellet cultures (chondrogenesis), respectively (Supplemental Figure 2). This multilinage differentiation potential was similar to that displayed by bone marrow-derived MSCs (bmMSCs) that were isolated from human bone marrow aspirates to serve as controls. Additionally, watMSCs were serially passaged (up to P10) to determine their expansion potential. We estimated that from 1 g of WAT, 2×10^9 (accumulated cell number) watMSCs can be obtained in approximately 20 days (P4) and as much as 10^{12} watMSCs in 33 days
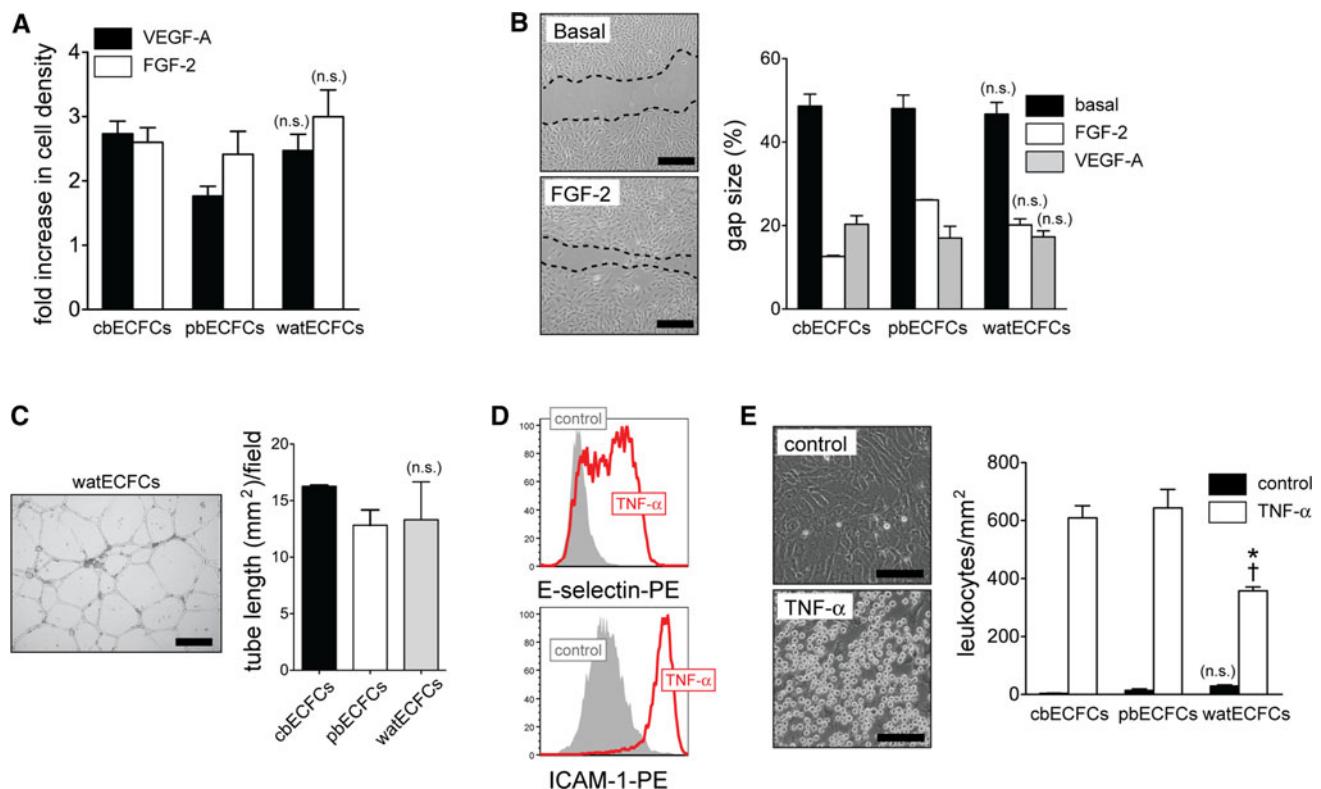
Fig. 3 In vitro functional characterization of watECFCs. **a** Proliferation of ECFCs after 48 h in response to VEFG-A (10 ng/mL) and FGF-2 (1 ng/mL). Cell number were normalized to those obtained with basal medium. **b** Migration in response to VEGF-A (10 ng/mL) and FGF-2 (1 ng/mL). Representative micrographs of scratched watECFCs after 24 h in basal and FGF-2-containing medium (*dashed line* delineate the scratch; *scale bar* 500 μm). Scratch size was quantified at 24 h as percentage of original size. **c** Representative micrograph of watECFC-lined capillary-like network on a Matrigel-coated plate (*scale bar* 500 μm). Total tube length quantified at 24 h. **d** Up-regulation of E-selectin and ICAM-1 in response to TNF-α.

Representative flow cytometry histograms depicted for watECFCs. *Red line* histograms represent cells stimulated with TNF-α, while solid gray histograms represent untreated controls. **e** Representative micrographs of watECFC with an increased number of bound HL-60 leukocytes after TNF-α treatment compared to untreated control (*scale bar* 200 μm). Quantification of bound leukocytes per unit of area for each of ECFC group. All *bars* represent mean ± SD from three independent samples. *$P < 0.05$ between watECFCs and pbECFCs. $^{†}P < 0.05$ between watECFCs and cbECFCs. $^{(n.s.)}P > 0.05$ between watECFCs and both pbECFCs and cbECFCs. (Color figure online)

(P7) (Supplemental Figure 2). This expansion potential was similar to that displayed by bmMSCs isolated from 25 mL of bone marrow aspirates.

To assess the ability of watECFCs to modulate MSC differentiation into SMCs, we cultured them in direct contact with watMSCs that were obtained from the same WAT sample. Cultured MSCs share multiple cellular markers with SMCs (e.g., α-SMA, calponin), therefore, differentiation was assessed by expression of smooth muscle myosin heavy chain (smMHC), a definitive marker of mature SMCs that is not expressed by MSCs. Indeed, in the absence of direct contact with ECFCs, smMHC expression was undetectable in watMSCs (Fig. 4a). However, when watMSCs were directly co-cultured with watECFCs for 7 days, expression of smMHC was consistently induced (Fig. 4a), indicating smooth muscle myogenic ability. The ability of watECFCs to induce MSC differentiation was quantified and found equal ($P > 0.05$) to that displayed by both cbECFCs and pbECFCs (Fig. 4b).

In vivo vasculogenic potential of WAT-derived ECFCs

To test blood vessel-forming ability, we used our xenograft mouse model [4]; watECFCs were combined with watMSCs and subcutaneously implanted into nude mice for 8 days (Fig. 5). Histological examination of explants revealed extensive networks of perfused human microvessels (Fig. 5a–c and online Supplemental Figure 3), confirming the lumenal localization of watECFCs. Examination of watECFC-lined vessels showed no histological evidence of thrombosis. Microvessel density in implants that contained watECFCs/watMSCs (67.62 vessels/mm²) was statistically similar to those containing cbECFCs/bmMSCs (145.12 vessels/mm²) and pbECFCs/bmMSCs (80.46 vessels/mm²) ($P > 0.05$) (Fig. 5d). To confirm these histological results, additional implant-bearing mice were injected (i.v.) with rhodamine-conjugated UEA-1 just before removing the implants (online Supplemental Figure 4); cells were then enzymatically retrieved and
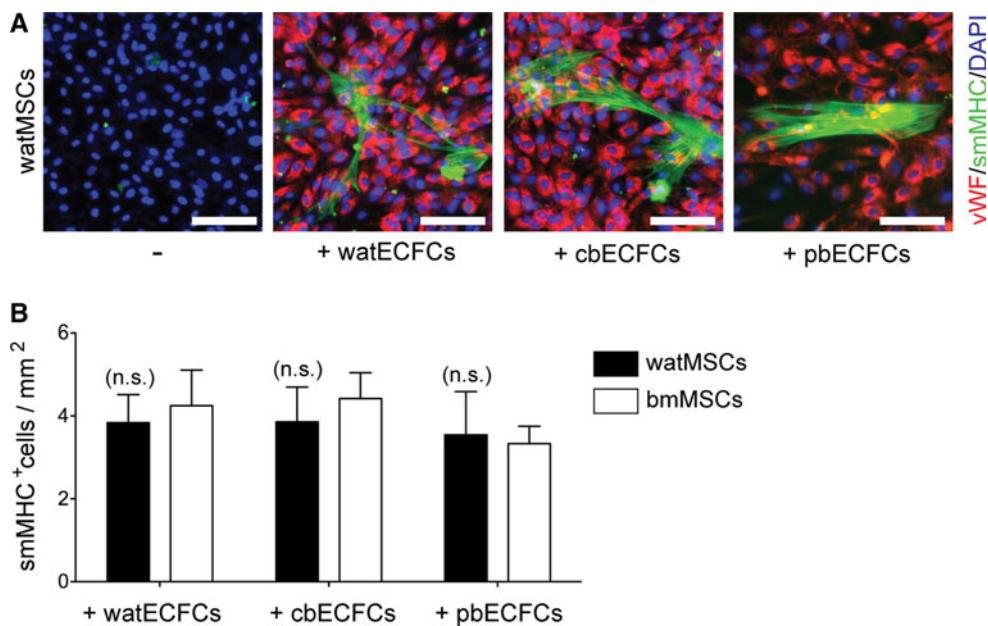
Fig. 4 Smooth muscle cell differentiation of watMSCs. Smooth muscle myogenic differentiation was evaluated by culturing wat-MSCs in the presence of ECFCs for 7 days. Induction of SMC phenotype was assessed by the expression of smMHC (smMHC-FITC). Expression of vWF (vWF-Texas Red) was used to detect ECFCs and DAPI for cell nuclei. **a** Representative immunofluorescent images of watMSCs in the absence or presence of various types of ECFCs. smMHC was absent in monocultures of watMSCs (*left panel*), but it was induced when co-cultured with watECFCs, cbECFCs, and pbECFCs (*scale bar* 100 μm). **b** Quantification of smooth muscle myogenic differentiation as number of MSCs expressing smMHC per unit of culture area. All *bars* represent mean ± SD from three independent samples. $^{(n.s.)}P > 0.05$ between watMSCs and bmMSCs and between all three types of ECFCs

analyzed by FC. We found that the total number of ECFCs that engrafted as part of a perfused lumen (hCD31$^+$/UEA-1$^+$) was statistically similar in implants that contained cbECFCs (2.3×10^4), pbECFCs (2.2×10^4), and wat-ECFCs (2.3×10^4) (Fig. 5e) ($P > 0.05$). Finally, wat-ECFC-lined microvessels showed equal perivascular coverage than those lined by blood-derived ECFCs, which indicated no differences in their ability to form stable vessels (Fig. 5g–i).

Discussion

Here, we demonstrated that human WAT is a dependable source of ECFCs with properties similar to those obtained from adult peripheral blood, including a robust ability to form functional blood vessels in vivo. The feasibility of using human ECs to bioengineer a microvascular network that integrates with a host vasculature was first demonstrated with Bcl-2-transduced umbilical vein ECs (HUVECs) [23] and juvenile dermal (foreskin) microvascular ECs (HDMECs) [24]. However, both HUVECs and HDMECs originate from non-adult tissues and thus, they are not readily available for general clinical use. Instead, patients would need to rely on ECs obtained from their aged vascular tissues, but the full vasculogenic potential of mature ECs have not

been systematically assessed in the context of tissue engineering. In this regard, the discovery of highly proliferative ECFCs in human peripheral blood created a promising opportunity to non-invasively obtain large quantities of readily available, autologous ECs [1, 2]. Over the last few years, we and others have rigorously demonstrated that human adult ECFCs indeed have robust in vivo vasculogenic potential and that when combined with a suitable source of perivascular cells (namely, SMCs or MSCs), ECFCs can generate long-lasting, stable vascular networks in mice that are more extensive and form more rapidly than those shown in earlier reports with other mature ECs [3–7, 20]. However, ECFCs are exceedingly rare in adult peripheral blood [2, 8, 9] and there are increasingly more studies recognizing absence of pbECFCs in a substantial proportion (~ 30 %) of both healthy and non-healthy adult subjects [10–12]. In addition, the mechanism by which ECFCs are mobilized into circulation remains elusive, and thus the reliability of peripheral blood as a clinical source of ECFCs is a concern.

In response to this uncertainty, we set up this study to test whether ECFCs can be reliably isolated from other alternative human tissue, namely WAT. Previously, Ingram et al. [16] demonstrated that the wall of both the aorta and the umbilical vein contain a complete hierarchy of highly proliferative ECs with equal colony-forming ability to blood-derived ECFCs, but whether similar ECFCs are
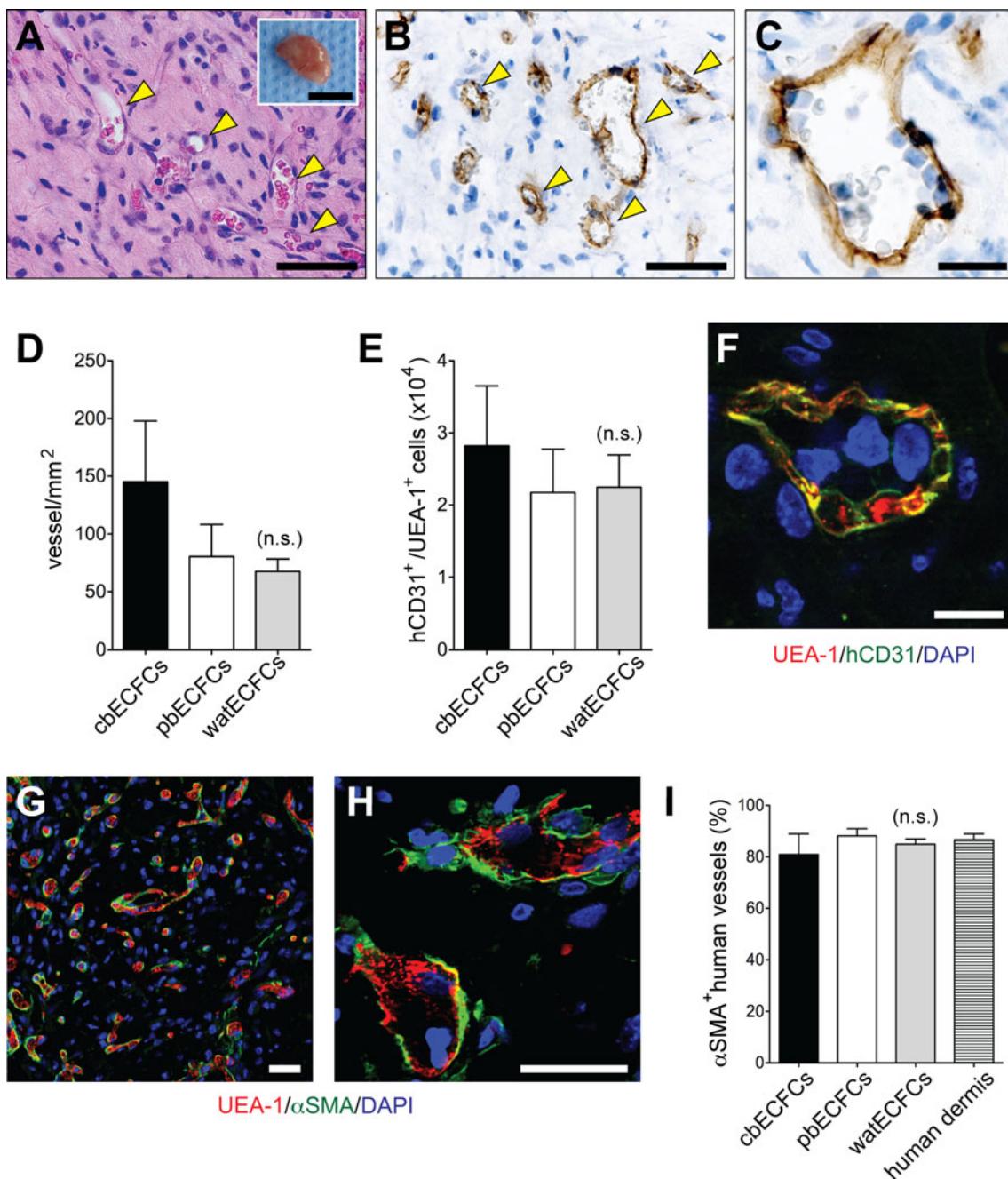
Fig. 5 In vivo vasculogenic potential of watECFCs. ECFCs were combined with MSCs in collagen-fibrin gel and the mixture subcutaneously injected into nude mice for 8 days. **a** H&E from one representative watECFC explant (inset, *scale bar* 5 mm) with numerous blood vessels (*yellow arrowheads*; *scale bar* 50 μm). **b**, **c** Immunohistochemistry (hCD31) showed human specific lumens (*yellow arrowheads*; *scale bars* 50 μm). **d** Microvessel density determined as luminal structures containing erythrocytes. **e** Rhoda-mine-conjugated UEA-1 was injected (i.v.). 10 min before implants were excised. The number of ECFCs that were part of a perfused lumen (hCD31^{+}/UEA-1^{+}) was quantified by FC. **f** hCD31 (*green*) immunofluorescent staining of a representative UEA-1^{+} (*red*) micro-vessel in a watECFC explant (*scale bar* 20 μm). **g**, **h** Perivascular coverage was assessed by double immunofluorescent staining of explants with UEA-1 (*red*) and α-smooth muscle actin (α-SMA; *green*). Images are representative of all watECFC explants. Nuclei were counterstained with DAPI (*scale bars* 50 μm). **i** Percentage of human UEA-1^{+} blood vessels covered by α-SMA^{+} perivascular cells. Human dermis served as control. All *bars* represent mean ± SD from three independent samples. [(n.s.)]$P > 0.05$ between watECFCs and both pbECFCs and cbECFCs. (Color figure online)

present in human WAT has not been shown to date. To answer this question, we adapted a simple procedure that enables isolating ECs from small (1 g) intact biopsies of normal subcutaneous WAT (no liposuction aspirates were used) by enzymatic digestion followed by selection of $CD31^{+}$ cells. Subsequently, we extensively interrogated the entire WAT-derived EC population, compared it to bonafide blood-derived ECFCs, and unequivocally demonstrated that the vasculature of human WAT is indeed a dependable source of ECFCs. We showed that WAT has a hierarchical distribution of watECFCs with colony-forming ability that was consistent with that of adult blood-derived ECFCs [2]. The percentage of ECFCs with colony-forming potential (>3 divisions) was 7 and 15 % for watECFCs and pbECFCs, respectively.

Our study has revealed several characteristics that make WAT an advantageous alternative for the obtention of ECFCs. First, unlike adult peripheral blood, WAT was found to be a very reliable source of ECFCs, with 100 % (5/5) success rate observed in this study. Second, watECFC cultures were highly pure (>96 %) and the presence of other stromal contaminants (namely, hematopoietic or mesenchymal cells) was negligible. Third, watECFCs had remarkable expansion potential. We showed that 10^{9} homogeneous watECFCs can be obtained from 1 g of WAT after 30 days in culture; this cell number is likely to be sufficient considering what would be needed for most cell-based applications. Also, WAT biopsies exceeding 1 g can easily be harvested without increasing morbidity, which would proportionally amplify cell yield. To put this into perspective, the replicative capacity we have shown for watECFCs is lower than that reported for neonatal cbECFCs but similar to adult pbECFCs [2, 3, 15]. Fourth, similarly to blood-derived ECFCs, watECFCs had a stable phenotype. We demonstrated that culture expanded watECFCs robustly displayed endothelial properties and functions, as confirmed by (1) the expression of EC markers (CD31, VE-cadherin, vWF, eNOS, VEGFR-2); (2) uptake of Ac-LDL; (3) binding of UEA-1 lectin; (4) capillary-like network formation ability; (5) response to angiogenic growth factors (VEGF, bFGF); and (6) upregulation of adhesion molecules (E-selectin, ICAM-1) upon exposure to TNF-α and subsequent increase in leukocyte binding. Fifth, culture expanded watECFCs had a robust in vivo vasculogenic potential. Without exception, in all WAT-derived ECFCs tested, co-implantation with watMSCs into immunodeficient mice rapidly generated an extensive network of human blood vessels with watECFCs specifically lining the lumens and MSCs occupying perivascular position. Importantly, we found no differences between pbECFCs and watECFCs in terms of ability to form microvessels with extensive perivascular coverage, as accounted by both FC and histology. Collectively, our study has revealed not only that watECFCs were undoubtedly ECs, but also that WAT- and blood-derived ECFCs were phenotypically highly similar.

Finally, an important additional advantage of WAT is the well-recognized presence of MSCs (watMSCs) [6, 25], which eliminates the need for bone marrow biopsies in our effort to bioengineer microvascular networks. Indeed, we isolated watMSCs from the $CD31^{-}$ cell fraction of WAT and demonstrated their similarities with bone marrow-derived MSCs, including (1) expansion potential, (2) multilineage differentiation potential, and (3) ability to modulate ECFC function both in vitro and in vivo. Of note, watMSCs were susceptible to undergoing smooth muscle myogenic differentiation in the presence of all three types of ECFCs (watECFCs, cbECFCs, and pbECFCs), with no significance difference among any of them. This myogenic susceptibility was identical to that of bmMSCs, as previously reported [4].

In conclusion, we found that human WAT is a reliable source of ECFCs with properties similar to those obtained from adult peripheral blood, including a robust ability to form functional blood vessels in vivo. For well over a decade, the possibility of obtaining autologous ECFCs from a simple blood draw created widespread excitement. However, considering (1) the unreliability and low rate of occurrence of ECFCs in adult peripheral blood, (2) our limited understanding of how pbECFCs are mobilized into circulation, and (3) the fact that biopsies of WAT can be obtained with minimal intervention in an ambulatory setting, we foresee WAT as a more practical alternative to obtain large amounts of readily available autologous ECFCs. Further studies assessing the clinical potential of watECFCs in aging adults and in health and disease are warranted.

Conflict of interest The authors have declared that no conflict of interest exists.

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